

Trending

OUR MONTHLY ROUNDUP OF NEW AND NOTABLE PEOPLE, PLACES, AND EVENTS ACROSS THE REGION.

LUTZING AROUND

Spin, skate, play pick-up hockey, and more at these eight great local rinks. →



Bear Mountain Ice Rink

3020 Seven Lakes Drive, Tomkins Cove
 bearmountainicerink.org

Hommocks Park Ice Rink

140 Hommocks Road, Larchmont
 townofmamaroneckny.org

IceTime Sports Complex

21 Lakeside Road, Newburgh
 icetimesports.org

Kiwanis Ice Arena

6 Small World Avenue, Saugerties
 kiwanisicearena.com

McCann Ice Arena

14 Civic Center Plaza, Poughkeepsie
 mccannicearena.org

Mohonk Mountain House Pavilion Ice Rink

1000 Mountain Rest Road, New Paltz
 mohonk.com

Palisades Center Ice Rink

4900 Palisades Center Drive, West Nyack
 palisadescentericerink.com

Rocking Horse Ranch Resort

600 State Route 44/55, Highland
 rockinghorseranch.com

FINE PRINT

A GOLDEN OPPORTUNITY

Why one beloved Hudson Valley bookstore decided to dive into the world of publishing.

BY JOAN VOS MACDONALD



Celebrating local authors has been The Golden Notebook's mission since the Woodstock shop first opened in 1978. When James Conrad and his business partner Jackie Kellachan took over the bookstore in 2010, they happily inherited the legacy of promoting Valley talent. They will expand on that legacy in 2023 by launching the Golden Notebook Press, a full boutique publishing house with a regional focus. "We've always thought a publishing arm would really enhance our store," says Conrad, "because we know what sells and what people want. We've worried about what might happen



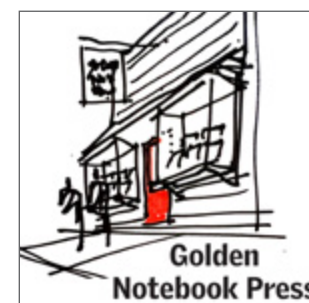
to a half dozen of the books that we sell frequently. If they went out of print, what would we do? But if we had a publishing division, we could tell the author, 'you're not going out of print.' The new press will launch with *Still Life at Eighty*, a memoir by Woodstock resident Abigail Thomas, the

PHOTOS (LEFT TO RIGHT) BY RUSLANI KUDRIN/ADOBE STOCK (SKATES); SAVANAH PHOTO/ADOBE STOCK (GOLDEN NOTEBOOK PRESS); ABIGAIL THOMAS (BOOK COVER) BY JAMES CONRAD

critically acclaimed author of *What Comes Next* and *How To Like It* and *A Three Dog Life*, which was named one of the best books of 2006 by the *Los Angeles Times* and *The Washington Post*.

"Abigail Thomas is an old friend," says Conrad. "She approached me a year ago and said she'd prefer not to work with a big publishing house for her next book. And she would like me to do it."

Conrad, an author and former creative director, describes himself as a "kind of a one-man band" managing every aspect of the publishing process, though he is looking forward to building a staff. Future publications will be penned by local authors or focus on



the region. One upcoming title is *How to Lose Friends and Influence No One* by Woodstock resident Mary Giuliani. "Her book is a fun, wacky memoir about her career as a caterer to the rich and famous in New York City," says Conrad. Other upcoming titles include a music industry book and a mystery by Greg Herren.

If industry response so far is any indication, The Golden Notebook Press will be a success. When Conrad asked Publishers Group West, a top book distribution company, if they wanted to distribute the Thomas memoir, they jumped at the chance. "So, suddenly we had world-wide distribution," says Conrad. "That changed the game. I guess we are now an official publishing house."

PHOTO (RIGHT) BY MATTHEW CHAVES

CULTURE

LIGHT FANTASTIC



If you're flying out of Albany International over the next few months, get there a bit early to take in an art exhibit—yes, there's a gallery at the airport. The current show (through February 27), "Lumen," features unusual sculptures and prints that are activated by light, such as painted acrylic, gem-shaped expired film, and more. "Visitors

will experience shifts in the dimension and character of the artwork as the sunlight and weather change over the course of a day or throughout a season," says Kathy Greenwood, director of the airport's art and culture program. Learn more at albanyairportartandcultureprogram.com. —Francesca Furey

MAIN STREET

WHAT'S IN STORE

For our first column dedicated to shopping local, **Katie Hartsough**, owner of Catskill's Kaaterskill Market, shares her must-visit spots in this flourishing Greene County village.

● Kaaterskill Market

As the curator and shopkeeper of Kaaterskill Market, I search for simple things for simple living. We carry sustainable homewares and gifts like candles, woodwork, and ceramics handcrafted by over 30 New York makers alongside fair-trade baskets and textiles, plastic-free cleaning and self-care products, and New York-made artisanal pantry items. I love sharing the stories of the makers we represent and introducing easy, natural solutions to small, everyday frustrations.

428 Main Street | kaaterskillmarket.com



● Citiot

This is a multi-concept shop for cheerful gifts filled with quirky nature-themed books and cards, Catskills apparel, and local artist prints and original work. Citiot owner, Pim Zeegers, is Dutch and his excitement for both European and local goods is infectious. I pop by in the afternoon to grab a coffee, chat with Pim, and browse what's new. You can sit and read the newspaper, or even rent a desk in the adjacent co-working space.

404 Main | nycitiot.com

● Corduroy Shop

A source of sustainability inspiration, Chrissie Cordrey revitalizes unused furniture frames by reupholstering them with vintage fabrics, patchwork, and mending. When you visit Corduroy Shop, you can witness the creativity in action.

396 Main | [@thecorduroyshop on Instagram](https://www.instagram.com/thecorduroyshop)

● Fisheye Ceramics

Here's another storefront studio where you can see the artist, Kim Gilmour, making new pieces right there while you shop. I love that you can chat with the maker and ask questions about the process while selecting a gift, a new mug for your tea, or a gorgeous berry bowl.

473 Main | fisheyceramics.com

● Objects 'n the Round

This is the shop and studio of talented textile artist Christin Ripley. Once you get to know her work, you'll notice locals wearing her signature marble-dyed T-shirts, hats, and scarves all over town. I love her pillows, especially the one called Klismos, a "husband"-style cushion that I lounge on all winter long in front of the fireplace.

460 Main | christinripley.com



DID YOU KNOW?

At the World Dairy Expo in September 2022, Stewart's Shops walked away with a handful of awards. Their Peanut Butter Pandemonium won best PB ice cream *in the nation*. They also earned second place in mint flavors for their Mint Cookie Crumble and third place for both their Mango Dragon Fruit sherbet and Salty Caramel gelato. Stewart's ice cream is fresh and local—their dairy is sourced from 20 family-owned farms in Rensselaer, Saratoga, and Washington counties—which is nice to know the next time you're craving a homemade scoop and your local ice cream shop is closed for the winter. —Megan Wilson



PHOTOS (CLOCKWISE FROM LEFT) BY AJUJUN JORDAN; COURTESY OF STEWART'S SHOPS

PERSON OF INTEREST

SOUL FOOD

Chef Emmet Moeller has a no-fuss recipe for personal happiness: cooking healthy food that makes people feel good and giving back to the community as much as possible. Luckily for Kingston, his Common Table brand is doing both.

BY MEGAN WILSON

On Monday mornings when most of us are groggily starting the work week, a small but mighty commercial kitchen on Kingston's Hurley Avenue is wide awake and cooking up a storm. The space—with its pale pink walls and stainless appliances—was renovated by Emmet Moeller in February 2022 to be the new home of Common Table, his personal chef company. It also acts as a shared kitchen, where local businesses can create their own food products. A native Upstater (he hails from Clinton), Moeller lived in NYC for 13 years before moving to the Hudson Valley. "I loved living in Brooklyn," he says. "It was very important in my development as a queer and trans person to be in a place that is so full of people like me. Over time though, I was overwhelmed by the city." After frequent visits to Ulster County with his partner, the two moved to Rosendale in 2017, where Moeller found wide-open space, plus an inclusive LGBTQ+ community. "The activism happening in this area is inspiring," he says.



Moeller's cooking style, which emphasizes raw food and whole grains, was influenced both by his education at the Natural Gourmet Institute and his upbringing. "My parents experimented with 'health food' and macrobiotic cooking, so I was often the kid in the cafeteria with a tahini and tomato sandwich on Ezekiel bread. As I got older, I realized I loved the ceremony and caregiving that comes with feeding people," he says.

His business originated with personal chef services and weekly meal delivery, as well as occasional event catering. Last fall, he added a new program: the Full Fridge Club, a meal subscription service that gives back to Kingston. Moeller launched the club with local cookbook author and chef Julia Turshen—the two collaborate on seasonal, locally-sourced meals for club clients. "When I plan out each week, I think about what I would want to eat, and what foods will make people feel satisfied. I'm also a Libra, so balance is important to



me," he laughs. A sample menu of the club: lentil and kale salad, arugula salad with lemon vinaigrette, turmeric rice pilaf with carrots, and braised pork with apricots and olives.

Here's the give-back part: For every Full Fridge client, Common Table donates at least one meal (often more) to one of Kingston's three community fridges for the food insecure (locations include the Clinton Avenue United Methodist Church, the Arts Society of Kingston,

and 14 Van Buren Street). The subscription (which includes three to four meals) is \$150 per week; or you can try out the club once for \$165. "I'm trying to build community around food and create alternative structures along the way," explains Moeller. "Maybe this isn't the answer to fixing the unsustainable food industry, but it's my answer."

To learn more about Moeller, Common Table, and the Full Fridge Club, visit commontableny.com.

SHOP TALK

DOUBLE DELIGHT

A combo upscale café and design store in Beacon is two treats in one. **BY GILLIAN TELLING**

When Ken Baldwin and Jeremy King moved to Poughkeepsie from the West Coast in 2021, the plan was to launch a local business. Baldwin, a creative director, longed for a design-forward retail store where he could sell the sorts of items he loved buying for his own home. King, a chef, had always wanted to run a small restaurant. They decided to do both.

Little King, a café and home goods shop, opened in October 2021. “We decided we could combine our



passions and career experiences,” says Baldwin of their vision. King adds, “It was kind of an ‘aha!’ moment when we realized we could do this together under one roof.”

They had to do a bit of work on the Main Street space, including installing a commercial kitchen. The duo left the exposed red brick in the front (where the café would be) untouched, but painted it white in the back (the home goods area) to differentiate the sections. The idea was that the café tables and food counter (selling popular sausage rolls, scones with homemade jam, and pantry goods) would entice guests, who would then saunter to the back of the store to shop the bright Marimekko hand towels, funky striped robes from Dusen Dusen, and perfume oils from Maison Marie Louise.

Little King also sells skincare, children’s toys, lamps and vases, flatware, glassware, and tabletop items from brands like Supergoop, Olio-e-Osso, Hightide, and Finland-based Iittala.



“I like timeless objects that surpass trends,” says Baldwin, noting that Iittala glassware was first designed in 1932—and still holds up. “People come in and tell me their grandparents had these glasses,” he says. The couple also hosts pop-ups with local artisans, and one-night-only dinners created by chefs, including Brooklyn-based Woldy Reyes of Woldy Kusina and Susan Kim of Eat Doshi.

How’s business? So far, it’s better than they ever expected. “What we love about Beacon

is it has weekend visitors and a vibrant art scene, but it also has a strong community of lifelong Beaconites and newer homeowners. We get a nice flow of customers,” says King. He adds that they are laser-focused on the quality of the products they sell: King relies on local and seasonal produce, while Baldwin stocks items that prioritize longevity and sustainability. “I was inspired by friends in Finland who taught me that when you surround yourself with beautiful objects, it makes your life better,” he says.

LITTLE KING

199 Main Street, Beacon
littleking.online | 845.440.7262

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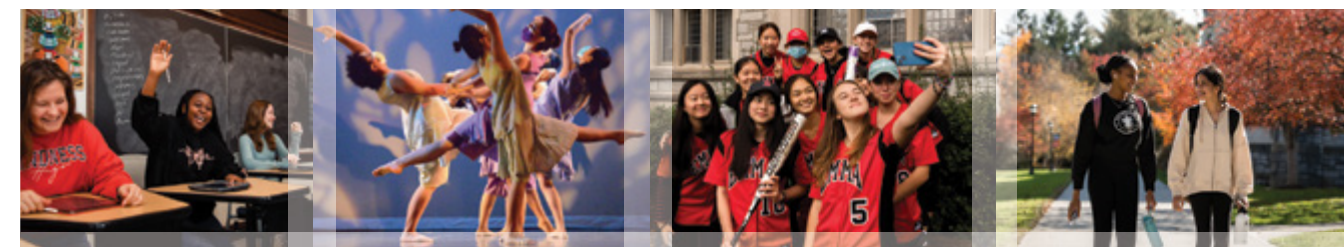
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